

Our focus for 2026-2028

Healthy Environment

Our goal: To create an environment that enables, support and promotes opportunities for good food, and builds movement back into daily life

	System priority	The change we are trying to influence	What we will do	What success will look like	Who will lead
1	Policy and legislation to support and enable movement, active travel and good food	Embed good food and movement into the design of our places, spaces and buildings	Scope resource for dedicated hybrid public health and planning posts to drive forward identified high impact areas that will further embed Good Food and Movement into the design of our places, spaces and buildings	- High impact areas agreed - Hybrid posts secured and filled - High impact areas progressed - Opportunities to embed Good Food and Movement into the design of our places, spaces and buildings maximised	Cardiff Council Planning Department, Vale of Glamorgan Council Planning Department with Cardiff and Vale Public Health Team
2		Reduce unhealthy food and drink advertising	Embed Local Authority Advertising and Sponsorship policies and evaluate their impact Explore and progress opportunities for leveraging further local change Continue to share local learning and advocate for action at a national level	- Local Authority Advertising and Sponsorship policies embedded and underpinning contractual arrangements - Impact of policy change in relation to advertising exposure evaluated - Opportunities to leverage further local change explored and progressed - Local learning shared with other areas - Opportunities to advocate for national change that will reduce unhealthy food and drink advertising progressed	Cardiff Council, Vale of Glamorgan Council, Cardiff and Vale Public Health Team

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3	Design/ redesign of community places, spaces and buildings that enable movement and good food	Maximise community assets	Work with community and key partners to shape and deliver lottery-funded programme of cooking and nutrition and invest in more community kitchen spaces in the Vale of Glamorgan	- Community kitchen spaces invested in - Community kitchens utilised by local groups, working in-line with the best practice guidelines set out in the <i>Food Vale Shared Community Kitchens: Practice Guide and Community Toolkit</i> - Food Vale lottery-funded programme of cooking and nutrition education delivered across the Vale of Glamorgan	Food Vale Partnership, Cardiff and Vale UHB, Public Health Dietetic Team
4		Maximise community assets (including schools, leisure centres, pitches, parks, changing rooms and community centres)	Establish a taskforce to ensure the facilities audit underpins decision-making around facility development/upgrading and future planning in Cardiff Shape plans for facilities and infrastructure in the Vale of Glamorgan that support communities to be active	Cardiff: - Taskforce established - Decisions around facilities scoped (<i>which organisations make decisions, how and for what purpose</i>) - Facilities audit recommendations considered and progressed - How the facilities audit is kept 'live' and/or expanded considered Vale of Glamorgan: - Facilities audit complete and analysed - Facilities audit recommendations considered and progressed - Mechanisms needed to ensure that the facilities audit underpins decision making around facility development/upgrading in the Vale of Glamorgan considered - Opportunities to advocate for the importance of facilities in supporting communities to be active progressed - How the facilities audit is kept 'live' and/or expanded considered	Cardiff Council with Move More Partnership Group Vale of Glamorgan Council Parks, Leisure and Lifelong Learning and Skills Directorates

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5	Integrated active travel infrastructure and accessible and reliable public transport	Increase availability, quality and use of healthy travel (walking, wheeling, cycling, public transport)	Continue to work together to design high quality active travel and public transport schemes	- Active travel schemes developed with impacts on inequalities and health considered - Opportunities to increase the availability, quality and use of healthy travel maximised - Active travel options in Cardiff for home to school transport more frequently used	Cardiff and Vale of Glamorgan Councils' Transport Teams, Cardiff and Vale Public Health Team and Transport Operators
6	Accessible, inclusive and safe public spaces for movement, play and food growing	Improve access to good food	Increase local food production in Cardiff and the Vale of Glamorgan through: - Identifying suitable land and opportunities for community and commercial food growing in Cardiff - Building on findings from the Vale Community Growing Report (2025) addressing barriers and needs identified	Cardiff: - Cardiff Council Community Growing pilot project complete and evaluated - Refreshed Allotment Strategy developed - Community Growing Plan in place, including wider inclusion of potential growing sites across Cardiff with Allotment Strategy and provision considered - Options explored and solutions progressed to make Edible Cardiff offering sustainable in the long term Vale of Glamorgan: - More people supported to participate in local community growing spaces - Local commercial horticultural businesses secure current viability and connected with local communities - Volume of vegetables produced through horticultural (food growing) projects increased	Cardiff Council (via Food Strategy) and Food Cardiff Partnership Food Vale Partnership

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7	Policy and legislation to support and enable play	Protect and promote children's play	Develop and embed a 'vision for play' in Cardiff to ensure every child has time, space and permission to play, every day, and where play is valued by all as essential to healthy childhood and community life Develop a Play Strategy for the Vale of Glamorgan to provide a shared vision for play, focused on what shapes children and young people's everyday play (playgrounds, parks, streets, routes, settings such as schools, community spaces, housing, planning, active travel and play provision)	Cardiff: • 'Vision for Play' adopted through Cabinet approval • Communication Plan developed and implemented • Shared responsibility for play across council departments strengthened • 'Play Policy' embedded in Replacement Local Development Plan • Continuous progress made against Play Sufficiency Action Plan Vale of Glamorgan: • Mechanism agreed to develop Play Strategy with finalised strategy approved by Vale of Glamorgan Council Senior Leadership Team	Cardiff Council's Child Friendly Cardiff Team and Children's Play Services Vale of Glamorgan Council Parks and Leisure
8	Accessible, inclusive and safe public spaces for movement, play and food growing	Inclusive and safe parks and open spaces which enable people to be active	Develop a Playground Strategy for Cardiff so that all playgrounds are engaging, inclusive, high quality and connected, enabling movement for children, young people and families	Cardiff: • Playground Strategy co developed with stakeholders, approved by Cabinet and progressed • Recommendations from the Play Sufficiency Assessment and 'HerParks Research' adopted and considered within the Playground Strategy	Cardiff Council Parks Services

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9	Food environment that supports and enables good food for all	Improve availability of good food	Improve the availability of healthy and sustainable food on offer across managed sites for staff and visitors	Cardiff: • Current food on offer through Cardiff Council managed sites reviewed through a healthy, low carbon food lens • Food on offer though Cardiff Council managed sites mapped (<i>e.g. schools, County Hall Canteen, Castle Café, Community Hubs, Day Centres etc.</i>) • Catering menus baselined for health and carbon impact • Agreed target and road map set of how to reduce foods high in Carbon, and High Fat Sugar Salt (HFSS) in menus • Opportunities to influence the refresh of the Caerphilly Procurement Framework for Food scoped and progressed Cardiff and Vale UHB: • Compliance against the Cardiff and Vale UHB Healthy Eating in Hospital Restaurant and Retail Outlets Policy achieved • Availability of healthy food and drink at UHB sites for staff, patients and visitors continues to improve	Cardiff Council (via The Food Strategy) Cardiff and Vale UHB Healthy Eating in Hospital Restaurant and Retail Outlet Steering Group