

## Leadership and Enabling Change

**Our goal: To enable change across the system through leadership, creating an enabling policy approach, building capacity and targeting support to the needs of people and communities**

|    | System priority                                     | The change we are trying to influence  | What we will do                                                                                                                                | What success will look like                                                                                                                                                                                                                                                                                                                                  | Who will lead                                                                                           |
|----|-----------------------------------------------------|----------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|
| 25 | Leadership and creating an enabling policy approach | Good Food and Movement in all policies | Work together to continue to align Good Food and Movement to other strategic plans, policies and programmes of work in support of shared goals | <ul style="list-style-type: none"> <li>• Opportunities to embed Good Food and Movement into relevant strategic plans, policies and programmes of work proactively identified and progressed</li> <li>• Opportunities to strengthen alignment to Good Food and Movement through the Health Impact Assessment Regulations identified and progressed</li> </ul> | Cardiff Good Food and Movement Leadership and Enabling Change Group, Vale Public Services Board         |
| 26 | Building capacity in the system                     | Embed ways of working                  | Continue to build understanding and adoption of systems working                                                                                | <ul style="list-style-type: none"> <li>• Package of training and resources developed and shared</li> <li>• Consistent approach to systems working adopted</li> <li>• Capacity for systems working across teams and organisations strengthened</li> </ul>                                                                                                     | Central South Active Partnership (CSAP), Met Sport and Cardiff and Vale Public Health Team              |
| 27 |                                                     | Create the right messaging             | Develop and implement a Communication Strategy for Good Food and Movement                                                                      | <ul style="list-style-type: none"> <li>• Communication Strategy co-developed</li> <li>• Consistent approach to language and framing for Good Food and Movement adopted</li> <li>• Stories of change developed and widely shared</li> </ul>                                                                                                                   | Cardiff and Vale Public Health Team with Good Food and Movement Implementation Group (Cardiff and Vale) |

|    | System priority                                                                                                                   | The change we are trying to influence               | What we will do                                                                                                                         | What success will look like                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | Who will lead                                                                                           |
|----|-----------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|
| 28 | <b>Building capacity in the system</b>                                                                                            | Making the most of current and future resource      | Continue to explore opportunities to protect existing, alongside expanding resource and capacity for Good Food and Movement             | <ul style="list-style-type: none"> <li>Funding opportunities scoped and progressed</li> <li>Opportunities for shared resource considered and taken forward</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                         | Cardiff Good Food and Movement Leadership and Enabling Change Group, Vale Public Services Board         |
| 29 | <b>Leadership and creating an enabling policy approach</b><br><br><b>Targeting support to the needs of people and communities</b> | Data, learning and insight informed decision making | Further develop and embed our approach to how we will notice, understand and demonstrate outcomes and impact for Good Food and Movement | <ul style="list-style-type: none"> <li>Mechanisms to share data, learning and insight scoped and strengthened</li> <li>Shared understanding of data and insight developed</li> <li>Overarching approach to how we will notice, understand and demonstrate outcomes and impact for Good Food and Movement outlined</li> <li>How the system is changing captured and shared using tools such as Social Network Analysis, Ripple Effect Mapping and stories of change</li> <li>Opportunities for research and evaluation academic collaboration scoped and progressed</li> </ul> | Cardiff and Vale Public Health Team with Good Food and Movement Implementation Group (Cardiff and Vale) |

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|----|----------------------------------------------------------|-----------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|
| 30 | Targeting support to the needs of people and communities | Strengthen community assets in our communities of greatest need | <p>Explore the potential for developing a more strategic approach to community health development in Cardiff</p> <p>Work together through the Your Place project to address health inequalities in the most deprived areas of the Vale of Glamorgan</p>                       | <p>Cardiff:</p> <ul style="list-style-type: none"> <li>Shared understanding of current approaches to community health development in place</li> <li>Opportunities to strengthen explored and progressed</li> </ul> <p>Vale of Glamorgan:</p> <ul style="list-style-type: none"> <li>Shared understanding of data, intelligence, and lived experience developed</li> <li>Collective ownership across organisations, services, and partnerships strengthened</li> <li>Gaps and opportunities for doing things differently identified and progressed</li> </ul> | <p>C3SC, Cardiff Council, Met Sport with Cardiff and Vale Public Health Team</p> <p>Vale Public Services Board</p> |
| 31 | Influence and advocate for wider system change           | Influence beyond Cardiff and the Vale of Glamorgan              | Continue to proactively seek opportunities to influence and advocate for wider system change in support of local action ( <i>e.g. advertising restrictions, Healthy Start eligibility, planning policy, surveillance data, national adoption and scale-up of local work</i> ) | <ul style="list-style-type: none"> <li>Shared understand of what change we want to advocate for</li> <li>Routes and opportunities for influence identified and utilised</li> </ul>                                                                                                                                                                                                                                                                                                                                                                           | Cardiff Good Food and Movement Leadership and Enabling Change Group, Vale Public Services Board                    |